# 26th SPORTS DAY

# PHYSICAL EDUCATION REPORT FOR THE ACADEMIC YEAR 2018 – 2019

I deem it a privilege to present the activities of the Department of Physical Education of our college for the year 2018 – 2019. Physical Education not only enables a person to build up her physique, but also makes her healthy, cheerful and wise. It is an integral part of our college.

The sports committee members for this academic year 2018-2019



Mrs.D.KarthigaRani Principal i/c, M.Sc., M.Phil, (Ph.D)



Ms.M.Karthika B.Com, B.P.Ed, Physical Directress



Ms.M.Leela devi M.A, M.Phil., NCC Coordinator & Dept of English



Mrs.P.MeenaM.Com, M.Phil, B.Ed, D.G.T. Dept of Commerce



Mrs.P.Porkodi M.Com, M.Phil, D.G.T. Dept of Commerce



Ms.T.Suganya Devi M.Com, M.Phil, Dept of Commerce CA

#### The Following students were elected as the office bearers for the sports club:

**President**: A.Tamil Sneha Silvya III B.Com CA 'B'

**Vice President**: P.Aarthiswari III B.A English

Vice President : C.V.Suganya Devi III B.Com E.Com

**Secretary**: R.Sinthiya III B.Sc Maths

Joint Secretary: K.Muthu Mari III B.Com

**Treasurer**: K.Lakshmi Priya III B.Sc Maths

**Treasurer**: M.Mohana Priya II B.Sc Maths

## "Sports is to build daring and enduring individuals by transforming their experiences into values"

Our college has done commendably well in the field of sports and games both inside and outside Madurai. Our college has participated in the Madurai Kamaraj University Inter collegiate tournaments in Chess, Badminton, Volleyball, Kho –Kho, Kabaddi, Ball Badminton, Boxing, Weight lifting, and Track and Field events. Our college has won laurels during the academic year 2018 – 2019 and also had bagged the Madurai Kamaraj university aggregate the team overall third position in Intercollegiate Boxing Meet and Inter collegiate weight lifting event.

#### Chess

## "Move in silence only speak when it's time to say CHECKMATE"

An Intercollegiate chess meet was conducted by Madurai Kamaraj University on 17.09.2018 & 18.09.2018 at Madurai Kamaraj University. 6 of our students were participated in this meet. Out of 7 rounds M.suganyaa II M.sc Maths won 6 rounds, M.Mubharak Rizwana II B.A English, K.Nandhini II B.com CA and M.Aasai Manimala I B.Sc Maths won 4 rounds, R.Parameswari I B.Sc Maths and R.Charumathi I B.Sc Maths won 3 rounds and also we positioned in overall 5<sup>th</sup> place.





# **Badminton** "To train hard is the best way to become the best yourself"

Our inspiring achievers have participated in Intercollegiate Badminton meet was conducted by Madurai Kamaraj University on 01.10.2018 at Madurai Kamaraj University. The following students were participated in this meet.

M.Mohana Priya -II B.Sc Maths
M.Tajgibra -I B.Sc Maths
G.Sridevi -II B.Com



### **Weight Lifting**

# "You don't find will power, create it"

Our powerful lifters were participated in Inter collegiate weight lifting meet was conducted by Madurai Kamaraj University at S.R.N.M College Sattur on 15.10.2018. The following lifters were participated in this meet.

D.Dharani
C.V.Suganya Devi
A.Tamil Sneha Silvya
R.Muthulakshmi
V.Veerayee@malliga
R.Sharumathi
M.Indhuja
I M.Sc Maths
III B.Com CA
II B.Com
II B.A Tamil
I B.Sc Maths

Our students **C.V.Suganya Devi – III B.Com E.Com** gold medalist in (75kg to 81kg weight category), **A.Tamil Sneha silvya – III B.Com CA** Silver medalist in (69kg to 70kg weight category), **R.Charumathi – I B.Sc Maths** Bronze medalist in (81+kg weight category) and **M.Indhuja – I B.sc Maths** (65kg to 69kg weight category) received bronze medal and also our college has placed overall third position in this tournament.



## **Boxing**

"Life is like a boxing match defeat is declared not when you fall, but when you refuse to stand again"

Our students participated in Madurai Kamaraj University Inter collegiate Boxing meet held at G.T.N College Dindugul on 23.10.2018. 6 of our students Participated and also overall third position was bagged by our boxers.

1.	P.Aarthiswari	- III B.A English	Silver Medalist	45to 48kgs category
2.	R.Sinthiya	- III B.Sc Maths	Bronze Medalist	48 to 51kgs
3.	D.Dharani	- I M.Sc Maths	Bronze Medalist	51 to 54kgs
4.	K.Muthumari	- III B.com	Participation	54 to 57kgs
5.	A.Tamil Sneha Silvya	- III B.Com CA	Silver Medalist	69 to 75kgs
6.	C.V.Suganya Devi	- III B.Com E.Com	Silver Medalist	81+kgs

## **All India Inter University Boxing Tournament**

I am proud to congratulate our student P.Aarthiswari of III B.A English represented as a Madurai Kamaraj University and Participated in All India National level Inter University Tournament held at Udaipur Rajasthan from 22.01.19 to 03.02.2019.









