



**NADAR MAHAJANA SANGAM
SERMATHAI VASAN COLLEGE FOR WOMEN
(Accredited with 'B' Grade)
Avaniyapuram, Madurai - 625012**



INTERNAL QUALITY ASSURANCE CELL

Organizes

FACULTY ENRICHMENT PROGRAMME



Dr. N. VIJAYANAND,
Associate Professor of Botany
& IQAC Coordinator,
APSA College,
Thiruppathur.



**Topic: MIND REFRESHMENT THROUGH STRESS MANAGEMENT &
STRESS BUSTER ACTIVITIES**

DATE: 05.09.2024

TIME : 11.30 A.M.

VENUE : Raja K.S.P.Ganesan Auditorium

ALL ARE CORDIALLY INVITED

T.Mohan
President

M.Jeyakumar,B.E.,
Secretary & Correspondent

A.C.C.Pandian
Treasurer

T.Kulanthai Vel
Vice President

T.Ramu
Vice President

G.Ganesan
Vice President

V.K.V.Balaguru
Joint Secretary

Dr.G.Maris Kumar,M.A.,M.Phil.,M.T.M.,Ph.D.,
Advisor

G.Karikolraj
General Secretary, Nadar Mahajana Sangam

Mrs.M.Kavitha, M.Sc., M.Phil., B.Ed.(Ph.D.),
Principal (i/c)



Nadar Mahajana Sangam
SERMATHAI VASAN COLLEGE FOR WOMEN
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FACULTY ENRICHMENT PROGRAMME
AGENDA

Date: 05.09.2024

Venue: Raja K S P Ganeshan Auditorium

➤ **Prayer Song**

➤ **Welcome Address**

Mrs.M.Pushpa Rani, M.Com., M.Phil., D.G.T.,SET, (Ph.D)
Head, Department of Commerce (CA) &
IQAC Co-ordinator.

➤ **Presidential Address**

Thiru.T.Mohan,
President

➤ **Felicitation**

Thiru. M.Jeyakumar.,B.E.,
Secretary & Correspondent.

Thiru.A.C.C.Pandian,
Treasurer

Thiru.T.Kulanthai Vel,
Vice President

Thiru.T.Ramu,
Vice President

Thiru.G.Ganesan,
Vice President

Thiru.V.K.V.Balaguru,
Joint Secretary

Dr.G.Mariskumar, M.A.,M.Phil.,M.T.M.,Ph.D.,
Advisor

Thiru.G.Karikolraj,
General Secretary

Mrs.M.Kavitha,M.Sc.,M. Phil.,B.Ed.,D.G.T.,(Ph.D)
Principal i/c & Head, Department of Physics.

➤ **Chief Guest**

Dr. N. VIJAYANAND,
Associate Professor of Botany & IQAC Coordinator,
APSA College,
Thiruppathur

➤ **Topic**

**MIND REFRESHMENT THROUGH STRESS
MANAGEMENT & STRESS BUSTING ACTIVITIES**

➤ **Vote of Thanks**

Mrs.R.Ranjani M.Sc., M.Phil., SET, (Ph.D.),
Department of CS, IT, CA & DS.

➤ **National Anthem**



**NADAR MAHAJANA SANGAM
SERMATHAI VASAN COLLEGE FOR WOMEN**

Self Finance Institution - Permanently Affiliated to Madurai Kamaraj University

Accredited with "B" Grade by NAAC

Periyar Nagar Road, Avaniapuram, Madurai - 625 012.

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Website : www.nmssvcollege.com.

Off : 72000 61388 * Principal : 72000 51388 * Hostel : 72000 71388

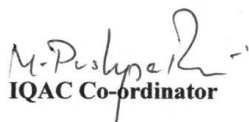
H.O. : No.2, South Chitrai Street, Madurai - 625 001. ☎ (0452) 2350858



Internal Quality Assurance Cell

Faculty Enrichment Programme – Report

Nadar Mahajana Sangam Sermathai Vasan College for Women, Madurai -12, Internal Quality Assurance Cell (IQAC) organized Faculty Enrichment Programme on 05.09.2024 at 11.30 am in Raja K. S. P. Ganesan Auditorium. Mrs. M. Kavitha, Principal (i/c), Head, Department of Physics and management members of the college presided over the function. The Welcome address was given by Mrs.M.Pushpa Rani, Head, Department of Commerce (CA) & IQAC Co-ordinator. The Chief Guest of the programme was Dr. N. Vijayanand, Associate Professor of Botany, IQAC Co-ordinator, Arumugam Pillai Seethai Ammal College, Thiruppathur, Sivagangai District gave a talk on the topic "Mind Refreshment through Stress Management and Stress buster activities". He has conducted mind reading games using newspaper, book, magic square, drawing, playing cards, iphone, emojis cards to the staff members. All the staff members were refreshed their mind by enthusiastically participated in these games. The vote of thanks was delivered by Mrs. R. Ranjani, Department of CS, IT, CA & DS. The programme was ended with the National Anthem.


M. Pushpa Rani
IQAC Co-ordinator


Signature of the Principal (i/c)



